

May 18, 2015

NURSES RECOGNIZED FOR EXCELLENCE DURING NURSING AWARDS NIGHT

On May 6, 2015, nurses from Santa Rosa Memorial and Petaluma Valley Hospitals gathered at Sally Tomatoes for the annual Nursing Awards Celebration during Nurses Week. Both nominees and awardees were recognized for their clinical performance, values, position as a role model, and attention to patients' needs. The Friend of Nursing award was given to those who enable nurses to excel at what they do.



Santa Rosa Memorial Hospital

Nurses: Myrna Jafari, Rae Mallers, *Tammy Owen, Anita Stevens.
Friends of Nursing Honoree: *Dr. Alvin Gore

Petaluma Valley Hospital

Nurses: Mandy Albright, Paula Griffith, Rosa Lopez, *Cindy Vasquez
Friends of Nurses: Mary Herrera, Aaron McMicken, Virginia Merwin, John Morozumi, Loretta Salachi, *Amy Simmons, Steve Wilson

*Denotes awardee



Amy Simmons, Rosa Lopez, Jane Read, Paula Griffith, Cindy Vasquez



Dr. Alvin Gore and wife Paula



Jody Schultz, Anita Stevens, Sandy Karren, Jane Rowell, Tiffany Oliver, Rae Mallers, Deb Bishop, Sandy Mason

Speak Up Sonoma County: Free Advance Care Planning Educational Series, through June 10

MYCAREMYPLAN

SPEAK UP SONOMA COUNTY

Are you an adult (18+), a senior, an adult with disabilities, or an adult with senior parents?



Learn more about the importance and process of **Advance Care Planning**, which aims to encourage people to speak up about how they want to be treated in any medical situation where they're unable or unwilling to speak for themselves.

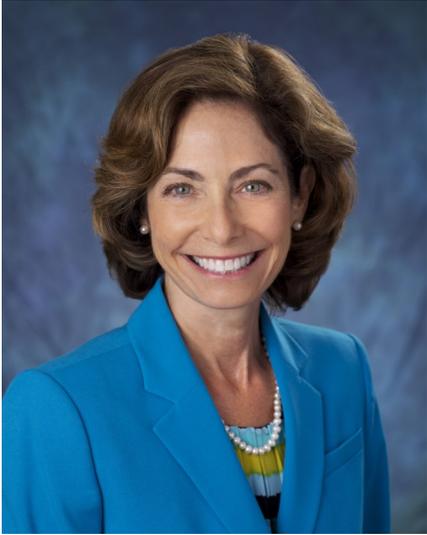
Offered by the Petaluma Advance Care Planning Collaborative, the series will offer information about how to select a health care agent, as well useful tools and tips on contemplating, communicating, and completing documentation of your health care wishes. The series runs in Petaluma through June 10.

Registration can be done over the phone by calling (707) 285-2143 x 130 or emailing info@phcd.org.





Terri Dente Recognized in North Bay Business Journal as a Women in Business Leader



Congratulations to Terri Dente for being recognized as one of the North Bay Business Journal's Women in Business Leaders. The award is given to women executives, entrepreneurs, leaders, and visionaries in the North Bay Area who make a difference at work, in their industry, and in the community.

Terri Dente currently serves on the executive management team at St. Joseph Health, Sonoma County, as vice president of Mission Integration. She is charged with ensuring the mission and values of the organization and its founders, the Sisters of St. Joseph of Orange, remain at the forefront of all the work we do in service to patients and the community.

Terri oversees numerous programs including Ethics, Spiritual Care, and Volunteer Services. In addition, Terri oversees all aspects of St. Joseph Health's Community Benefit programs, which helps create healthy communities by improving access to healthcare and support services.

Congratulations to Terri for being recognized for her efforts!

TEA FOR THE SOUL: Chaplains Provide Blessings During Nurses Week

Last week, nurses and coworkers at Santa Rosa Memorial and Petaluma Valley Hospitals received "Tea for the Soul," a traditional blessing of the hands, along with hot tea, cookies, and blessing cards. Led by Chaplain Yoo Bai Kim, Tea for the Soul gave our Spiritual Care team the opportunity to support front-line staff, relieve a bit of stress, and help to build community in our workplace.

Yoo Bai was joined by fellow chaplains Denise Turner, John Ketzner, James Barrand, Bill Hart, and Brian Plaucher, and Ed Lavelle. Sr. Sally Brady pitched in with Bill to ensure Petaluma Valley's three shifts were covered, and Diane Hogrefe helped with planning and organizing behind the scenes. Special thanks to Nutrition Services and Nursing Administration/Education for their support in making this tea service possible.



Sr. Sally Brady and Chaplain Bill Hart.



2 East nurse Jennifer Lovrin, RN, receives a blessing from Chaplain Yoo Bai Kim.



Chaplain Brian Plaucher (right) blesses the hands of student nurse Ketsady "Katie" Bathavong.



Chaplain Yoo Bai Kim blesses the hands of ARU nurse Miles Chandler, RN.





BENEFITS FOR A BETTER WAY OF LIFE, MAY 18 - JUNE 1



It's time to complete your annual benefits open enrollment. Enrollment kits, including instructions and plan details, were sent to your mailing address last week.

To get started, visit our new **Benefits Service Center (BSC)** at benefits.stjoe.org.

First-time log-in instructions:

- The username is your Employee ID.
- Your initial password is the last four digits of your Social Security number + your two-digit month of birth + two-digit day of birth. Example: Your Social Security number ends in 1234, birthday is January 1. You enter: 12340101. Once you register, you can change your password.

Rate information can be found in the Benefit Overview Guide posted under the Resources Library tab.

Need assistance? Try the live-chat feature on the BSC website. Representatives are available via chat or telephone at (800) 306-4363, Monday-Friday, 7 a.m. to 7 p.m.

Finding a St. Joseph Health physician is easy! Please [click](#) here to locate a doctor near you.

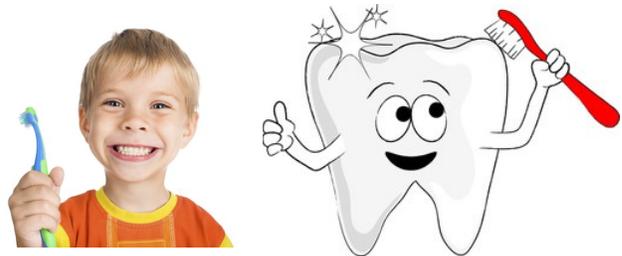
SANTA ROSA ROTARY CLUB DONATES TO MIGHTY MOUTH DENTAL PROGRAM



Pictured left to right are: Dan Bornstein, Kris Anderson, Vickie Hardcastle, Kim Graves, Jackie McMillan, Kim Murphy, Robert Pierce, Dan Schell, and Jose Guillen.

A big thank you to the **Rotary Club of Santa Rosa** who donated \$5k to **Mighty Mouth**, one of St. Joseph Health's Community Benefit programs.

Designed to promote dental health in children, the program teaches kids how to brush and floss, and encourages them to eat nutritious snacks. Children also receive school-based dental screenings, fluoride varnish, and mobile dental services if necessary.



The \$5k gift was donated to create Mighty Mouth goodie bags, which included a toothbrush, toothpaste, a timer, fluoride rinse, a fun flosser, a sticker, and an educational pamphlet printed in both English and Spanish. The bags will be distributed to participating elementary schools twice a year.

Sonoma County reports that children's dental health is the number one un-met medical need in the area. We are very grateful to The Rotary Club of Santa Rosa who helped assemble 2,500 bags (in just under two hours)!





A WALK IN MY SHOES: ANDREA LEARNED MEETS THE RESPIRATORY THERAPY TEAM



In mid-January I had the privilege of meeting with Respiratory Services Manager, Debbie Bilby, and we had a candid chat about the challenges of budgets, productivity, and above all, her pride in the professionalism of her team. She helped me team up with Dan Bradford who led me on a walk through the hospital (PFT lab, ED, ICU, L&D, Oncology and Cardiology).

To be honest, I didn't know much about respiratory therapists except that they're persistent in demanding that you blow in and out and move the little balls in those crazy looking toys they hand out right after surgery. They also have a delightful sense of humor.

The respiratory team cares for patients who have trouble breathing, either because of a critical injury, a cardiac event, or chronic respiratory disease such as asthma or emphysema. They are part of our code team, initiate RRT, and manage life support for people in the ED, ICU and NICU.

The thing that I was struck me was how well respected and appreciated they are. I spoke with pulmonologist Dr. DiLisio and he told me, "We couldn't do what we do without them. They are the heart of the Trauma Team." Hospitalist Dr. Delorence agreed: "The respiratory team rocks. They know their stuff and always have their equipment in order and nearby. And I really appreciate Debbie Bilby's leadership."

I quickly realized in one short afternoon the diverse nature of their work. This team works throughout the entire hospital every day (their pedometer numbers must be the best!). In my experience, their time seems divided by checking, double checking, and triple checking equipment that is squirreled away all over the hospital. They also respond to urgent calls that never seem geographically close to each other. During the 90 minutes I spent with Dan, he helped restart the breathing of a 14-year-old boy, gave the ICU suggestions on how to treat the breathing of a young man who had been in a car wreck, and tended to an infant in the ED.

My last observation was that this team is more than just high-functioning; it is made up of exceptional educators who are relied upon by surgeons, physicians, nurses, families and patients throughout the hospital. Please join me in thanking: Dan Cress, Debbie Bilby, and her awe inspiring team. (Dan Bradford, Janette La Blue, Ray Faris, Doron Andrews, Michele Buttner, Shang Chao, Papri Deb, Sam Fleming, Alicia Gaitan, Chad Gallagher, John Gorman, Michael Hartnett, Molly Hogan, Melissa Keller, Lindsay Lawson, Hector Mendoza, Noe Padilla, Kim Peckham, Francis Perez, Erin Peterson, Heather Sharp, Kelly Spiers, Nate Suard, and Erin Tarantino)

Andrea Learned serves as the chief development officer and vice president, Development and Community Relations, for St. Joseph Health – Sonoma County. For the last 35 years, she has worked in executive leadership with hospital, health and community programs. Throughout her career she has been a proud and successful fundraiser and a persistent advocate for social justice. In 2014, she was awarded the North Bay Business Journal's Women in Business Leadership Award.

**SHOW YOUR SUPPORT:
FIND US ON SOCIAL MEDIA!**

